

Sleep Doctor Gives Up License, Must Register as Sex Offender

By JOSH CUTLER

A Duxbury sleep disorder doctor who pled guilty to eight counts of sexual assault has agreed to give up his medical license, according to the state Board of Registration in Medicine.

Dr. Milton Childress was sentenced to five years probation by Judge Carol S. Ball in Brockton Superior Court late last month.

Childress must register as a sex offender and was also ordered to wear a tracking device so probation officers could monitor him. He has not yet been classified by the Mass. Sex Offender Registry Board.

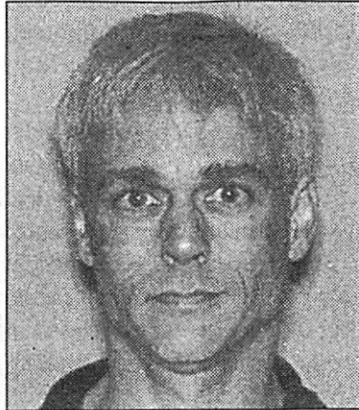
Dr. Childress worked at the New England Sleep Disorders Center, which has offices in Duxbury and Lakeville. A biographical page on Dr. Childress that previously appeared on the website has been removed.

Childress was registered on the Florida state sex offender registry as of March 22. His address is listed as being in Weymouth, Mass. The Florida registry includes a photo of Childress and other biographical information.

Childress has filed for bankruptcy in federal court, according to the *Brockton Enterprise*. In court papers his address was listed as 615 Bourne Place, Orlando, Fla., the *Enterprise* reported. Previously, Childress was listed as living on Tremont Street in Duxbury.

Prominent defense attorney Kevin Reddington represented Childress during his criminal case.

According to Lakeville



This photo of Dr. Milton Childress appears on the Florida sex offender website.

police records, two women came to the Lakeville police station in February of 2005 to speak with officers about the alleged assaults.

One woman provided a written statement about her encounter with Childress during an examination at his Lakeville office. Suffering from seizures and migraine headaches, the woman said she thought the doctor had inappropriately rubbed against her during her first visit, but said nothing. During her second visit on February 9, 2005, however, the woman said that Childress pressed his groin against her rear end and later groped her breast and made inappropriate comments about her appearance, according to the woman's statement.

Following the incident, the woman said she realized she had been sexually assaulted not just this time, but during the first visit as well, according to her statement to police.

The woman, who told police she has training in dealing with "sexual predators" through her work with the state prison system, said she

then reported to work after the exam.

"He is a predator, a groomer, who I know would have eventually done something else to me," the woman said in her statement. "Be it at the next visit or another office visit."

The day following her exam, the woman told a female co-worker, who was also a patient of Childress, of her experience. The co-worker related a similar incident in the doctor's Duxbury office.

The second woman claims that during a visit in December of 2005, she asked Childress to wait outside while she undressed, and she would knock on the door to signal that he could re-enter. In her statement to police, the woman said that Childress did not wait and returned minutes later to conduct a test on the woman's leg. During that test, the woman said that Childress called her "honey" and rubbed her leg in an unprofessional way. Before the end of the exam, she claims the doctor also rubbed against her waist inappropriately.

Childress will be classified as a level one, level two or level three offender based on the seriousness of the offense and the likelihood of re-offense.

If Childress accepts the classification of the Sex Offender Board the process will be complete within 90 days, according to spokesman Charles McDonald. If he does not, there is a longer process that involves a court hearing and, potentially, appeals to the Superior Court, McDonald said.